MATERNITY CARE

WEB-BASED RESOURCES

- Gabbe: Obstetrics Normal and Problem Pregnancies, 4th ed.: http://home.mdconsult.com/das/book/58698186-3/view/1007
- American Family Physician: http://www.aafp.org/afp/
- CHN-specific guidelines: from a CHN linked computer, link to "Treatment Guidelines", then "Perinatal Site" and then the specific topic

PATIENT CARE

PGY1: Obstetrical rotation: Evaluation, diagnosis and management of common obstetrical conditions, including normal labor, vaginal delivery, and common complications

PGY2 and PGY3: Obstetrical rotation, Continuity practice, Family Medicine call duty: Evaluation, diagnosis and management of common obstetrical complications. Further development of procedural skills. Continuity of care including prenatal, intrapartum, and post partum.

Procedures (asterisks designate required procedures; numbers are procedures required for credentialing)

- Triage evaluations and presentations to attending*
- Labor and ante-partum admission history, physical exams, write-ups and presentations*
- Cervical exam for dilation, effacement, station, and presenting part*
- Sterile speculum exam for vaginal bleeding or evaluation for ruptured membranes*
- Limited obstetrical ultrasound examination (for presentation, amniotic fluid index, heart tones): 10*
- Labor induction (with oxytocin, Foley bulb, prostaglandins, etc): 10*
- Amniotomy (active rupture of fetal membranes): 10*
- Insertion of intrauterine pressure catheter: 10*
- Amnioinfusion*
- Placement of fetal scalp electrode: 10*
- Vaginal delivery: 40*
- Vaginal delivery, continuity patient: 10*
- Repair of first degree perineal laceration: 5*
- Repair of second degree perineal laceration: 10*
- Assistant at C-section
- Assistant at C-section, continuity patient
- Assistant at operative delivery (forceps, vacuum)
- Assistant at operative delivery (forceps, vacuum), continuity patient
- First trimester ultrasound for pregnancy dating: 20

MEDICAL KNOWLEDGE

- Maternal Physiology During Pregnancy; physiology of lactation
 Gabbe: Obstetrics Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone,
 Inc. Section 1; Chapters 3 and 5. http://home.mdconsult.com/das/book/58698186-3/view/1007
- Prenatal Care

Evidence-Based Prenatal Care: Part I. General Prenatal Care and Counseling Issues; (AFP April 2005). http://www.aafp.org/afp/20050401/1307.pdf

Evidence-Based Prenatal Care: Part II. Third-Trimester Care and Prevention of Infectious Diseases;

(AFP April 2005). http://www.aafp.org/afp/20050415/1555.pdf CHN Guideline: CHN Outpatient Breastfeeding Guidelines

CHN Guideline: Ordering Obstetric Ultrasounds at SFGHMC

CHN Guideline: High Risk Obstetric Clinic Consult and Referral Policy

Normal Labor and delivery

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 3; Chapter 13. http://home.mdconsult.com/das/book/58698186-3/view/1007

Management of pain during labor and delivery

The Nature and Management of Labor Pain: Part I. Nonpharmacologic Pain Relief; (AFP September 2003). http://www.aafp.org/afp/20030915/1109.pdf

The Nature and Management of Labor Pain: Part II. Pharmacologic Pain Relief; (AFP September 2003). http://www.aafp.org/afp/20030915/1115.pdf

Cochrane Briefs: Effects of Discontinuing Epidurals in Late Labor; (AFP April 2005).

http://www.aafp.org/afp/20050401/cochrane.html#c2

• Overview of fetal heart rate assessment

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 3; Chapter 14. http://home.mdconsult.com/das/book/58698186-3/view/1007

- Examination of the Placenta; (AFP Mar. 1998). http://www.aafp.org/afp/980301ap/yetter.html Repair of Perineal Lacerations; (AAFP October 2003). http://www.aafp.org/afp/20031015/1585.pdf
- Abnormal labor: protraction and arrest disorders

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 3; Chapter 13. http://home.mdconsult.com/das/book/58698186-3/view/1007

Malpresentations: Breech, face, brow and compound presentation
 Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone,
 Inc. Section 3; Chapter 16. http://home.mdconsult.com/das/book/58698186-3/view/1007

Shoulder Dystocia

Shoulder Dystocia; (AFP April 2004). http://www.aafp.org/afp/20040401/1707.pdf

Post Partum Hemorrhage

Preventing Postpartum Hemorrhage: Managing the Third Stage of Labor; (AFP March 2006). http://www.aafp.org/afp/20060315/1025.pdf

Post-term pregnancy

Management of Pregnancy Beyond 40 Weeks' Gestation; (AFP May 2005). http://www.aafp.org/afp/20050515/1935.pdf

Induction of Labor and cervical ripening

Methods for Cervical Ripening and Induction of Labor: (AFP May 2003).

http://www.aafp.org/afp/20030515/2123.pdf

Vaginal Misoprostol for Cervical Ripening in Term Pregnancy; (AFP Feb. 2006).

http://www.aafp.org/afp/20060201/fpin.html

Amnioinfusion

Transcervical Amnioinfusion; (AFP Feb. 1998). http://www.aafp.org/afp/980201ap/weismill.html

Trial of Labor After Cesarean Section

AAFP Policy on Trial of Labor After Cesarean (TOLAC). American Academy of Family Physicians (20 page PDF file); March 2005.

http://www.aafp.org/online/etc/medialib/aafp_org/documents/clinical/clin_recs/tolacpolicy.Par.0001.Fi le.dat/clinicalrec_tolac.pdf

CHN Guideline: Birth Choices (VBAC) Form: English Spanish Chinese

Postpartum Care

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 4; Chapter 21. http://home.mdconsult.com/das/book/58873595-2/view/1007
An Approach to the Postpartum Office Visit; (AFP December 2005).

http://www.aafp.org/afp/20051215/2491.pdf

Intrapartum and Postpartum Fever

Williams: Obsterics. 22nd ed. Copyright 2005. *Chapter 31*. http://www.accessmedicine.com/content.aspx?aID=729371

• Hypertension, Preeclampsia, and Eclampsia

Diagnosis and Management of Preeclampsia; (AFP December 2004).

http://www.aafp.org/afp/20041215/2317.pdf

Sibai, BM. Diagnosis, Prevention, and Management of Eclampsia. Obstetrics & Gynecology 2005; 105: 402-410. http://www.greenjournal.org/cgi/reprint/105/2/402

Gestational Diabetes Mellitus

Diabetes; Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. *Section 6; Chapter 32.* http://home.mdconsult.com/das/book/58698186-3/view/1007

Management of Gestational Diabetes Mellitus; (AFP Nov. 2003).

http://www.aafp.org/afp/20031101/1767.pdf

CHN guideline: Guidelines For Screening Diabetes in Pregnancy

• Antepartum Fetal Surveillance

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 3; Chapter 12. http://home.mdconsult.com/das/book/58698186-3/view/1007 CHN Guideline: Antepartum Testing Guidelines

Fetal growth restriction

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 3; Chapter 25. http://home.mdconsult.com/das/book/58698186-3/view/1007

 Infections in Pregnancy Urinary Tract Infections

> Urinary Tract Infections During Pregnancy; (AFP Feb. 2000). http://www.aafp.org/afp/20000201/713.html

Chemoprophylaxis for prevention of neonatal GBS disease

- Prevention of Group B Streptococcal Disease in the Newborn; (AFP, March 2005). http://www.aafp.org/afp/20050301/903.pdf
- CHN Guideline: <u>Guidelines for the Prevention of Neonatal Group B Streptococci (GBS) Sepsis</u> Care of pregnant women with HIV-infection/AIDS
- CHN Guideline: <u>Ante/Intra/Post Partum Orders</u>
- Trauma in Pregnancy

Blunt Trauma in Pregnancy; (AFP Oct. 2004). http://www.aafp.org/afp/20041001/1303.pdf

Preterm Labor/Preterm delivery and Preterm Premature Rupture of Membranes
 Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone,
 Inc. Section 3; Chapter 23. http://home.mdconsult.com/das/book/58698186-3/view/1007
 Preterm Premature Rupture of Membranes: Diagnosis and Management; (AFP Feb. 2006).
 http://www.aafp.org/afp/20060215/659.pdf

• Management of premature rupture of membranes at term

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 3; Chapter 13. http://home.mdconsult.com/das/book/58698186-3/view/1007

 Amniotic Fluid disorders: Polyhydramnios and Oligohydramnios Williams: Obsterics. 22nd ed. Copyright 2005. *Chapter 21*. http://www.accessmedicine.com/content.aspx?aID=725687

Dermatologic complications of pregnancy

Common Skin Conditions During Pregnancy; (AFP January 2007).

http://www.aafp.org/afp/20070115/211.pdf

Photo quiz: http://www.aafp.org/afp/20051115/photo.html
http://www.aafp.org/afp/20050401/photo.html

Multiple Gestation

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 3; Chapter 24. http://home.mdconsult.com/das/book/58698186-3/view/1007

Diagnosis and management of Rh alloimmunization

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 3; Chapter 26. http://home.mdconsult.com/das/book/58698186-3/view/1007

• Thyroid disease in pregnancy

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 6; Chapter 33. http://home.mdconsult.com/das/book/58698186-3/view/1007

• Thromboembolic disease

Williams: Obsterics. 22nd ed. Copyright 2005. Chapter 47. http://www.accessmedicine.com/content.aspx?aID=736251

 Intrahepatic Cholestasis and Acute Fatty Liver of Pregnancy Williams: Obsterics. 22nd ed. Copyright 2005. Chapter 50. http://www.accessmedicine.com/content.aspx?aID=737667

• Fetal teratogens/drugs in pregnancy

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 3; Chapter 9. http://home.mdconsult.com/das/book/58698186-3/view/1007

First Trimester Bleeding

Ultrasonography for First-Trimester Bleeding; (AFP Oct. 2005.

http://www.aafp.org/afp/20051015/tips/14.html

Diagnosis and Management of Ectopic Pregnancy; (AFP Nov. 2005).

http://www.aafp.org/afp/20051101/1707.pdf

Management of Spontaneous Abortion; (AFP Oct. 2005). http://www.aafp.org/afp/20051001/1243.pdf

• 2nd and 3rd Trimester Bleeding

Gabbe: Obstetrics - Normal and Problem Pregnancies, 4th ed., Copyright © 2002 Churchill Livingstone, Inc. Section 3; Chapter 17. http://home.mdconsult.com/das/book/58698186-3/view/1007

Abnormal Cervical Cytology Screening in Pregnancy

Practice Guidelines: ACOG Releases Guidelines for Management of Abnormal Cervical Cytology and

Histology; (AFP Feb. 2006). http://www.aafp.org/afp/20060215/practice.html#p1

CHN Guideline: <u>Abnormal PAP Smear Guideline PDF</u>
CHN Guideline: <u>PAP Smear Screening for Cervical Cancer</u>

PRACTICE BASED LEARNING AND IMPROVEMENT

Residents are expected to:

- Utilize self-directed learning toward further knowledge and competence in obstetrics
- Participate actively in performance improvement and patient safety programs of the obstetrics and family medicine departments

INTERPERSONAL AND COMMUNICATION SKILLS

Residents are expected to:

- Document informed consent and complete procedure/operative notes
- Discuss potential risks and benefits with patients and families, using words that patients will understand and in collaboration with a medical interpreter when necessary
- Provide compassionate care to the obstetrical patient within the context of their family and social support systems
- Evaluate patients systematically and communicate presentations effectively to supervising residents, fellows and attendings
- · Document their care of patients and interventions in a timely manner

PROFESSIONALISM

Residents are expected to:

- Demonstrate collegial and respectful relationships with team members and ancillary staff
- Demonstrate respectful and compassionate care of patients and their families

SYSTEMS BASED PRACTICE

Residents are expected to:

- Formulate a rational plan of investigation and management, including assessment of severity and need for immediate obstetrical consultation
- Formulate a plan of management, investigation and need for obstetrical consultation with an awareness of the risks and costs of the investigation and the value of the information that will be obtained
- Describe of the role of obstetrical and perinatal consultants in relationship to primary care and collaborate with consultants in the care of patients
- Manage and coordinate psychosocial and family issues, including discharge planning, long-term care and use of community resources